

## OTOSCOPE Quarterly

A publication for friends and colleagues of Jefferson's Department of Otolaryngology – Head & Neck Surgery

## American Academy of Otolaryngology – Head & Neck Surgery Foundation Annual Meeting



We had quite the contingent of faculty members, residents, research fellows and alumni in attendance at the American Academy of Otolaryngology - Head and Neck Surgery Foundation 2024 Annual Meeting in Miami, FL from September 28 – October 1, 2024. We were very well represented in the meeting program as well as at the associated American Rhinologic Society and International Surgical Sleep Society meetings which were held just prior to

the AAO-HNSF meeting. Attendees from our department had the opportunity to participate in lectures, panel discussions, and hands-on workshops designed to stay informed about and contribute to the understanding of both current practices and future innovations in otolaryngology. For a list of our 80 presentations at ARS, ISS & AAO-HNSF, please see pages 3 and 4 or visit <a href="https://tinyurl.com/AAO-HNSF2024">https://tinyurl.com/AAO-HNSF2024</a>

One of the highlights of the annual Academy meeting is traditional Alumni Reception which is held on the Sunday evening of the conference. This cherished tradition brings together current faculty, trainees, alumni, and collaborators from across the country. This gathering serves as a reminder of our strong community and shared history, while also allowing the opportunity to look to the future!

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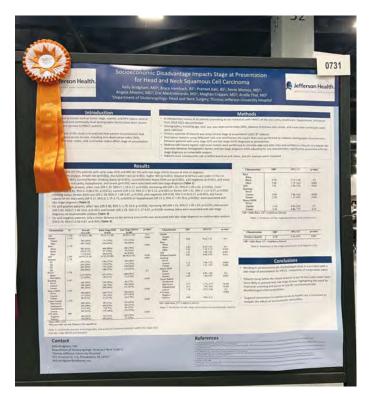
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L to R: Pablo Llerena (RF'24), Jefferson DeKloe (RF'24), Elliott Sina (SKMC Student), Thomas Kaffenberger, MD (F'24), Jules Rodin, MD (R'22), Colin Huntley, MD, Alexander Duffy, MD (R'24), Praneet Kaki (SKMC Student), Erin Creighton (F24), Jim Han, MD (R'24), Andrea Plawecki, MD (F'23), Nicole Molin, MD (F'24).





L to R: Rebecca Chiffer, MD, Sana Siddiqui, MD (R'24), Jim Han (R'24), David Cognetti, MD, Adam Luginbuhl, MD, Joseph Curry, MD

Congratulations to Kelly Bridgham, MD, Bryce Hambach, Praneet Kaki, Annie Moroco, MD, Angela Alnemri, MD, Eric Mastrolonardo, MD, Meghan Crippen, MD, and Arielle Thal MD for their award winning poster at the AAO-HNSF Annual Meeting! Their poster on Socioeconomic Disadvantages Impacts Stage at Presentation for Head and Neck Squamous Cell Carcinoma won Best Poster in the Head and Neck Section.

"I am so excited to congratulate the poster winners on behalf of the Annual Meeting Program Committee for having been awarded one of the best posters at the Annual Meeting." said Daniel C. Chelius, Jr., MD, AAO-HNSF Annual Meeting Program Coordinator.



While in Miami for the AAO-HNSF meeting, physician leadership from our department met with Otolaryngology physician leadership from Lehigh Valley Health Network to strategize the integration of our new partnership. Ravi Samy, MD Chief of the Division of Otolaryngology - Head and Neck Surgery, and Chetan Nayak, MD Residency Program Director, met with David Cognetti, MD, Elizabeth Cottrill, MD, Joseph Curry, MD and Colin Huntley, MD. The synergies were immediately apparent and the excitement for our shared future is high!

### Thomas Jefferson University, Department of Otolaryngology – Head & Neck Surgery 2024 ARS, ISSS, and AAO-HNSF Presentations

#### **American Rhinologic Society 2024 Meeting**

Saturday, September 28, 2024

Oral Presentation Session: **Skull Base – Breakout 1 Oral Presentations**; Moderators: **Mindy Rabinowitz, MD, FARS**; Kenneth Rodriguez, MD; 8:30 am – 9:00 am, Fontainebleau Sparkle Ballroom West

Debate: **AERD: ASA Desensitization vs. Biologics**; Moderator: **Elina Toskala, MD, FARS**, Panelists: Regan Bergmark, MD, FARS; Kent Lam, MD, FARS; *9:30 am - 9:45 am*, Fontainebleau Splash 9 & 10

Oral Presentation: Long term outcomes of Dupilumab therapy for chronic rhinosinusitis with nasal polyposis; Authors: Samuel Shing, BS, Shreya Mandloi, BS, Vani Mulkareddy, BS, Praneet Kaki, BS, Damaris Pena-Evertz, BS, Peter Benedict, MD, Mindy Rabinowitz, MD, Elina Toskala, MD PhD MBA, Jessica Most, MD, Gurston Nyquist, MD; 10:15 am - 10:20 am, Fontainebleau Splash 9 & 10

Oral Presentation: Role of PRP in olfactory dysfunction treatment; Authors: Shreya Mandloi, BS, Alexander Duffy, MD, Samuel Shing, BS, Riyana Doshi, BS, Stephanie Hunter, BS, Peter Benedict, MD, Elina Toskala, MD PhD MBA, Marc Rosen, MD, Mindy Rabinowitz, MD, Gurston Nyquist, MD, David Rosen, MD; 10:27 am – 10:32 am, Fontainebleau Splash 11 & 12

Oral Presentation Session: Outpatient Rhinology and Allergy Practice - Breakout 4 Oral Presentations; Moderators: Jean Kim, MD, FARS; Elina Toskala, MD, FARS; 10:45 am - 11:15 pm, Fontainebleau Splash 14-16

#### Poster Presentations

Friday, September 27, 2024, 5:30 pm – 7:00 pm, Location: Sparkle Ballroom East

Proposed algorithm for spontaneous cerebrospinal fluid leaks; Authors: Shreya Mandloi, BS, Glen D'Souza MD, Samuel Shing, BS, Peter Benedict, MD, Kareem Naamani, MD, Reid Gooch, MD, Christopher Farrell, MD, Marc Rosen, MD, Mindy Rabinowitz, MD, James Evans, MD, Gurston Nyauist. MD

Does Dupilumab therapy for chronic rhinosinusitis with nasal polyposis reduce nasal steroid use?; Authors: Samuel Shing, BS, Shreya Mandloi, BS, Vani Mulkareddy, BS, Praneet Kaki, BS, Damaris Pena-Evertz, BS, Peter Benedict, MD, Mindy Rabinowitz, MD, Elina Toskala, MD PhD MBA, Jessica Most, MD, Gurston Nyquist MD

The effect of BMI on treatment outcomes in chronic rhinosinusitis; Authors: Samuel Shing, BS, Shreya Mandloi, BS, Vani Mulkareddy, BS, Praneet Kaki, BS, Damaris Pena-Evertz, BS, Peter Benedict, MD, Mindy Rabinowitz, MD, Elina Toskala, MD PhD MBA, Gurston Nyquist MD

Impact of surgical cost awareness on surgical expenditure for endoscopic sinus surgery; Authors: Chase Kahn, MD, Glen Souza, MD, Shreya Mandloi BS, Samuel R. Shing BS, Christopher Valentini MD, Peter Benedict, MD, Elina Toskala, MD, FARS, Gurston Nyquist, MD, FARS, Mindy Rabinowitz, MD, FARS, Marc Rosen, MD, FARS

### **ISSS 2024 Educational Update**

Thursday, September 26, 2024

Panel Discussion: **How I Do It: Inspire**; Panelists: Megan Durr, MD, **Colin Huntley, MD**; *10:40 am – 12:00 pm*, Loews Miami, Americana Ballroom Salon 1

Friday, September 27, 2024

Panel Discussion: Sleep Surgery – Perioperative Challenges; Moderator: Colin Huntley, MD, Ulrich Sommer, MD; Panelists: Todd Smaka, MD, Philip Hsin-Ching Lin, MD, Mau Boon, MD, Tom Kaffenberger, MD, Sveta Karelsky, MD; 2:15 pm – 2:30 pm, Loews Miami, Americana Ballroom Salon 1

American Academy of Otolaryngology – Head & Neck Society 2024 Annual Meeting

Saturday, September 28, 2024

Oral Presentation: Effect of Tympanostomy Tube Removal Technique on Surgical Success Rate and Operative Time; Authors: Nicole L. Aaronson, MD, MBA, Allison M. Blackwell, PA-C, Onyinyechi Kenine, Emily E. Vanella, Heather C. Nardone, MD; 10:12 am – 10:18 am, MBCC, 225

Panel Discussion: Should Late Career Physicians Undergo Mandatory Testing to Evaluate Competency; Moderator: John W. Werning, MD, DMD, Panelists: David M. Cognetti, MD, Carol R. Bradford, MD, Carl H. Snyderman, MD, MBA; 9:30 am – 10:30 am, MBCC, 235-237

Expert Course: **Tap-Tap: Learning Nasal Osteotomy Techniques on 3D-Printed Models**; Instructors: **Dev R. Amin, MD, Lauren E.** Schlegel, MD, **Howard D.** Krein, MD, **PhD, Ryan N.** Heffelfinger, MD; 9:30 am – 10:30 am, MBCC,
Exhibit Hall A-D - Sim Room 1

Expert Lecture: **Superior Laryngeal Nerve Block for Cough, Odynophonia, and Irritable Larynx**; Presenters: **Kathleen M. Tibbetts, MD,** Blake Simpson, MD; 2:00 pm – 2:50 pm, MBCC, Lincoln Road EF

Oral Presentation: Association of Modified Sleep Apnea Severity Index With Cardiovascular Risk in CPAP-Intolerant Sleep Surgery Patients; Authors: Jennifer A. Goldfarb, MHS, Praneet C. Kaki, BS, Melissa C. Xu, BS, Daniel J. Campbell, MD, Nicole L. Molin, MD, Maurits S. Boon, MD, Colin T. Huntley, MD; 3:12 pm – 3:18 pm, MBCC, 222

Panel Discussion: Cancer Immunotherapy 101; Moderator: Larissa Sweeny, MD; Panelists: Cecelia E. Schmalbach, MD, MSc, Carissa M. Thomas, MD, PhD, Adam J. Luginbuhl, MD; 2:30 pm – 3:30 pm, MBCC, 207

Panel Discussion: Cancer Immunotherapy 102; Moderator: Larissa Sweeny, MD, Panelists: Joseph M. Curry, MD, Bryan B. Bell, MD, Rajarsi Mandal, MD; 4:00 pm – 5:00 pm, MBCC, 207

Panel Discussion: Controversies in Workup and Diagnosis of Cervical Lymphadenopathy; Moderator: Arielle G. Thal, MD, Panelists: Alice L. Tang, MD, Alexandra E. Kejner, MD, David M. Cognetti, MD; 4:00 pm – 5:00 pm, MBCC, 208

Panel Discussion: Motherhood in Otolaryngology: Managing Family Planning, Fertility, and Lactation; Moderator: Laura M. Dominguez, MD, Panelists: Kathleen M. Tibbetts, MD, Stephanie E. Ambrose, MD, Brittny N. Tillman, MD; 4:00 pm – 5:00 pm, MBCC, 214-215

Oral Presentation: Apnea-Predominance as a Predictor of Minimum Therapeutic Amplitude in Upper Airway Stimulation Patients; Authors: Praneet C. Kaki, BS, Jennifer A. Goldfarb, MHS, Sophia N. Shah, BS, Erin R. Creighton, MD, Nicole L. Molin, MD, Maurits S. Boon, MD, Colin T. Huntley, MD; 4:00 pm – 4:06 pm, MBCC, 238-239

Oral Presentation: Impact of Postoperative Weight Changes on Upper Airway Stimulation Success for Obstructive Sleep Apnea; Authors: Praneet C. Kaki, BS, Chihun J. Han, MD, Jennifer A. Goldfarb, MHS, Nicole L. Molin, MD, Colin T. Huntley, MD, Maurits S. Boon, MD; 4:30 pm – 4:36 pm, MBCC, 238-239

Oral Presentation: Association of Modified Sleep Apnea Severity Index With Cardiovascular Risk in CPAP-Intolerant Sleep Surgery Patients; Authors: Jennifer A. Goldfarb, MHS, Praneet C. Kaki, BS, Melissa C. Xu, BS, Daniel J. Campbell, MD, Nicole L. Molin, MD, Maurits S. Boon, MD, Colin T. Huntley, MD; 4:48 pm – 4:54 pm, MBCC, 238-239

Oral Presentation: Change in Hypoxic Burden After Upper Airway Surgery for Obstructive Sleep Apnea; Authors: Praneet C. Kaki, BS, Nicole L. Molin, MD, Jennifer A. Goldfarb, MHS, Natalie P. Snyder, BS, Maurits S. Boon, MD, Colin T. Huntley, MD; 4:54 pm – 5:00 pm, MBCC, 238-239 Sunday, September 29, 2024

Panel Discussion: Multi-Modality Therapy for Obstructive Sleep Apnea Disease Management: Personalizing Patient Care, Moderator: Maurits S. Boon, MD, Panelists: Colin T. Huntley, MD, Phillip A. Huyett, MD, David T. Kent, MD, 8:00 – 9:00 am, MBCC, 238-239

Oral Presentation: Optimal Tumor Size Threshold for Primary Radiosurgery of Vestibular Schwannoma: Insights From Salvage Microsurgery Outcomes; Authors: John P. Marinelli, MD, Emily Kay-Rivest, MD, Neil S. Patel, MD, Peter L. Santa Maria, MD, PhD, Jacob B. Hunter, MD, Morten Lund-Johansen, MD, PhD, Matthew L. Carlson, MD; 8:24 – 8:30 am, MBCC, 231

Oral Presentation: Vestibular Schwannomas in the Pediatric Patient: A Population Database Study; Authors: Bryce H. Hambach, BS, Natalie P. Snyder, BS, Praneet C. Kaki, BS, Marwin Z. Li, BS, Jena C. Patel, MD, Jacob B. Hunter, MD; 8:36 am - 8:42 am, MBCC, 231

Oral Presentation: Pediatric Otolaryngology Procedure Duration and Impact of Resident Involve/ment Based on Training Level: 12,704 Cases; Authors: Christopher Jabbour, MD, Nicole L. Aaronson, MD, MBA, Heather C. Nardone, MD; 8:18 am – 8:24 am, MBCC, 225

Panel Discussion: **Head and Neck Paragangliomas: Evidence-Based Management and What Genetics Can Tell** Us; Moderator: Kevin J. Contrera, MD, MPH Panelists: Kyle M. Hatten, MD, **Adam J. Luginbuhl, MD**, James I. Netterville, MD; *9:30 am* – *10:30 am*, MBCC, 203-205

Debate: Chronic Rhinosinusitis Quandaries: Critical Questions and Debates on Utilization of Biologics; Moderator: Amber U. Luong, MD, PhD, Debate Speakers: Elina M. Toskala, MD, PhD, MBA, Stella E. Lee, MD; 11:00 am – 12:00 pm, MBCC, Art Deco 228AB

Panel Discussion: Advanced Thyroid Cancer: Updates on Therapeutic Options; Moderator: Elizabeth E. Cottrill, MD, Panelists: David C. Shonka, Jr., MD, Mark E. Zafereo, MD, Gregory W. Randolph, MD; 1:00 pm – 2:00 pm, MBCC, 209

Oral Presentation: Three-year Outcomes Following Temperature-Controlled Radiofrequency Posterior Nasal Nerve Ablation Treatment for Chronic Rhinitis; Authors: Detlef Brehmer, MD, Gregory Abbas, MD, Daniel Charous, MD, Patricia A. Loftus, MD, Elina M. Toskala, MD, PhD, MBA, Jeremy Watkins, MD, Jivianne T. Lee, MD, 1:30 pm – 1:36 pm, MBCC, 232

Oral Presentation: Outcomes and Complications of 2-Stage vs 3-Stage Paramedian Forehead Flaps; Authors: Dev R. Amin, MD, Matt Davis, BA, Praneet C. Kaki, BS, Neha Garg, BA, Vivian Xu, MD, Howard D. Krein, MD, PhD, Ryan N. Heffelfinger, MD; 1:24 pm – 1:30 pm; MBCC, 232

Oral Presentation: Recurrent Oropharyngeal Carcinoma Following Transoral Robotic Surgery Alone; Authors: Kathryn L. Nunes, BA, Praneet C. Kaki, BS, Pablo Llerena, BS, Elliott M. Sina, BA, Dev R. Amin, MD, Richard A. Goldman, MD, Adam J. Luginbuhl, MD, David M. Cognetti, MD, Joseph M. Curry, MD; 1:00 pm - 1:06 pm, MBCC, 208

Oral Presentation: Evaluating the Efficacy of Immunotherapy in Head and Neck Cancer Stratified by Smoking Status; Authors: Pablo Llerena, BS, Jennifer A. Goldfarb, MHS, Praneet C. Kaki, BS, Kathryn L. Nunes, BA, Eric V. Mastrolonardo, MD, Joseph Curry, MD; 1:42 pm – 1:48 pm, MBCC, 208

Oral Presentation: Pediatric Benign Paroxysmal Positional Vertigo and Migraine Development; Authors: Samuel R. Shing, BS, Jefferson J. DeKloe, BS, Jena C. Patel, MD, Jacob B. Hunter, MD; 1:42 pm - 1:48 pm, MBCC, 231

Panel Discussion: **The Darker Side of Sleep: Suboptimal Outcomes, Side Effects, and Complications of Hypoglossal Nerve Stimulation**; Moderator: Marion B. Gillespie, MD Panelists: Maria V. Suurna, MD, **Colin T. Huntley, MD**, David T. Kent, MD; *1:00 pm - 2:00 pm*, MBCC, 238-239

Panel Discussion: OCC From Concept to Reality: The Future Is Now; Moderator: James C. Denneny III, MD, Meredith N. Lind, MD, Panelists: Gene G. Brown, III, MD, Cindy M. Moore, MD, Arielle G. Thal, MD, Tirza N. Lofgreen, CHCP, 2:30 pm – 3:30 pm, MBCC, 244-245

### Thomas Jefferson University, Department of Otolaryngology - Head & Neck Surgery

### 2024 ARS, ISSS, and AAO-HNSF Presentations

Panel Discussion: **Update on the Focused Practice Designation (FPD) for Adult Complex Thyroid/Parathyroid Surgery**; Panelists: Gregory W.
Randolph, MD, Michael C. Singer, MD, Brian Nussenbaum, MD, MHCM, **Elizabeth E. Cottrill, MD**, 3:00 pm – 3:45 pm, MBCC, Grand Ballroom C

Panel Discussion: Scary Cases 2024: New Year, New Scares; Moderator: Lauren F. Tracy, MD, Panelists: Lauren F. Tracy, MD, Ryan N. Heffelfinger, MD, Margaret B. Mitchell, MD, MS-HPEd; 4:00 pm – 5:00 pm, MBCC, 203-205

Expert Lecture: **Sentinel Node Biopsy for Oral Cavity Cancer: Establishing the Workflow**; Lead Presenter: **David M. Cognetti, MD**, Co-Presenter: Stephen Y. Lai, MD, PhD; 4:00 pm – 5:00 pm, MBCC, 207

Panel Discussion: When and How to Perform Bilateral Neck Exploration for Hyperparathyroidism, 2024; Moderator: Alice L. Tang, MD, Panelists: Elizabeth E. Cottrill, MD, David C. Shonka, Jr., MD, Maisie L. Shindo, MD; 4:00 pm – 5:00 pm, MBCC, 209

#### Monday, September 30, 2024

Expert Lecture: Eagle Syndrome: Simplifying a Pain in the Neck; Lead Presenter: David M. Cognetti, MD, Co-Presenter: Meghan M. Crippen, MD; 8:00 am – 8:50 am, MBCC. Lincoln Road EF

Panel Discussion: Debating Cost-Effective Care in Head and Neck Surgery; Moderator: Larissa Sweeny, MD, Panelists: Mark K. Wax, MD – OHSU, Joseph M. Curry, MD, Eric M. Genden, Sr., MD; 8:00 am – 9:00 am, MBCC, Ocean Drive A

Oral Presentation: A Comparison of Brow Elevation and Complications: Endoscopic Versus Pretrichial Brow Lift; Authors: Neha Garg, BA, Jefferson J. DeKloe, BS, Alekya Bheemreddy, BA, Alessandra T. Baldari, BA, Aarti M. Agarwal, MD, Angela E. Alnemri, MD, Adam McCann, MD, Howard D. Krein, MD, PhD, Ryan N. Heffelfinger, MD; 8:12 am – 8:18 am, MBCC, 222

Panel Discussion: What If It's Not Just Obstructive Sleep Apnea (OSA): Assessing, Managing, and Understanding the Impact of Non-Obstructive Sleep Apnea Sleep Disorders; Moderator: Maurits S. Boon, MD Panelists: Colin T. Huntley, MD, Jolie L. Chang, MD, Thomas M. Kaffenberger, MD; 8:00 am – 9:00 am, MBCC, 238-239

Expert Course: 3D-Planning of Mandibular Reconstruction: Hands-On Approach With Live Demonstration; Instructors: Mark K. Wax, MD, Matthew O. Old, MD, Sara Yang, MD, Joseph M. Curry, MD; 9:30 am – 10:30 am, MBCC, Exhibit Hall A-D - Sim Room 3

Oral Presentation: **Head and Neck Cancer Screening Value Enhancement Via Machine Learning to Predict Diagnose**s; Authors: Zachary D. Urdang, MD, PhD, Nicholas George-Jones, MD, Mazz Musa, BS, Zaid Al-Qurayshi, MBChB, MPH, Nitin A. Pagedar, MD, MPH, **Elizabeth E. Cottrill, MD, David M. Cognetti, MD,** Leila J. Mady, MD, PhD, MPH, **Joseph M. Curry, MD**; 9:54 am – 10:00 am, MBCC, 222

Oral Presentation: Role of Psychiatric History on Trends in Rhinoplasty Outcomes; Authors: Kathryn L. Nunes, BA, Jefferson J. DeKloe, BS, Neha Garg, BA, Uche G. Nwagu, MD, Alana M. Platukus BS, Meredith L. Summa, BA, Adam McCann, MD, Howard D. Krein, MD, PhD, Ryan N. Heffelfinger, MD; 9:30 am – 9:36 am, MBCC, 232

Oral Presentation: Effects of Mohs Facial Reconstruction Timing on Complications and Quality of Life: A Systematic Review; Authors: Natalia S. Queenan, BA, Jay B. Trivedi, BS, Neha Garg, BA, Rohith R. Tudi, BS Adam McCann, MD, Dev R. Amin, MD, Ryan N. Heffelfinger, MD; 10:18 am – 10:24 am, MBCC, 232

Oral Presentation: Complications Following Surgical Management of Zenker Diverticulum: A Comparative Analysis of Endoscopic and Open Approaches; Authors: Jefferson J. DeKloe, BS, Samuel R. Shing, BS, Dylan G. Bertoni, MD, Kathleen M. Tibbetts, MD; 10:00 am – 10:06 am MBCC 224

Oral Presentation: Sleep Education in Otolaryngology Residency Training: Trends Over the Past Decade; Authors: Nicole L. Molin, MD, Elliott M. Sina, BA, Erin R. Creighton, MD, Maurits S. Boon, MD, Colin T. Huntley, MD, Cristina M. Baldassari, MD; 9:36 am – 9:42 am, MBCC, 238-239

Oral Presentation: Risk of Motor Vehicle Accidents in Obstructive Sleep Apnea: Comparative Analysis of CPAP vs Surgery; Authors: Elliott M. Sina, BA, Somya Shankar, BS, Maurits S. Boon, MD, Colin T. Huntley, MD; 10:12 am - 10:18 am, MBCC, 238-239

Oral Presentation: Assessing Artificial Intelligence Chatbot Responses for Trainee Education on Inpatient Otolaryngology Consult Management; Authors: Leonard E. Estephan, MDs, Daniel J. Campbell, MD, William Jackson Palmer, MD, Meghan M. Crippen, MD; 1:00 pm – 1:06 pm, MBCC, 203-205

Oral Presentation: Ototoxicity Monitoring: The Evolution of a Protocol for Head and Neck Cancer Patients; Author: Jena C. Patel, MD, Julia B. Croce, AuD, Molly M. Wolfson, AuD, Jacob Hulswit, AuD, Zachary D. Urdang, MD, PhD, Jacob B. Hunter, MDs, Irina Middleton, AuD; 1:36 pm – 1:42 pm, MBCC, 208

Panel Discussion: **AAO-HNS Thyroid Cancer Tumor Board**; Moderators: Marika D. Russell, MD, Gregory W. Randolph, MD, Panelists: Joseph Scharpf, MD, **Elizabeth E. Cottrill, MD**; 2:30 pm – 3:30 pm, MBCC, 209

Panel Discussion: **Frontal Sinus Surgery for the General Otolaryngologist**; Moderator: Abtin Tabaee, MD, Panelists: Jeffrey D. Suh, MD, **Gurston G. Nyquist, MD**; 2:30 pm – 3:30 pm, MBCC, 223

Oral Presentation: Postoperative Complications Impact Inpatient Facility Fees Following Free Tissue Transfer for Head and Neck Cancer; Authors: **Zachary N. Goldberg, MD, Amiti Jain BS, Sruti Tekumalla, BA,** Richard **Wu**, MD, Keisha Arielle Best, MS, MSc, Ramez Phillips, MD, **Angela E. Alnemri, MD**, Leila J. Mady, MD, PhD, MPH, **Richard A. Goldman, MD, Joseph M. Curry, MD**; 4:30 pm – 4:36 pm, MBCC, 208

Panel Discussion: Size Threshold Surveillance: A Revised Approach to Wait-and-Scan Management in Sporadic Vestibular Schwannoma; Moderator: Matthew L. Carlson, MD, Panelists: Emily Kay-Rivest, MD, Jacob B. Hunter, MD, John P. Marinelli, MD; 4:00 pm – 5:00 pm, MBCC, 219-221

### Tuesday, October 1, 2024

Panel Discussion: Life in the Trenches: Managing Difficult Patients and Families; Moderator: Elizabeth E. Cottrill, MD, Panelists: Luv R. Javia, MD, Trevor G. Hackman, MD, Daniel J. Rocke, MD, JD; 8:00 am – 9:00 am, MBCC, 210

Oral Presentation: Timing of Split Thickness Skin Grafting for Radial Forearm Free Flaps on Donor Site Morbidity; Authors: Angela E. Alnemri, MD, Annie E. Moroco, MD, Neha Garg, BA, Kelly M. Bridgham, MD, Matt Davis, BA, Adam McCann, MD, Arielle G. Thal, MD, Howard D. Krein, MD, PhD, Ryan N. Heffelfinger, MD; 11:12 am – 11:18 am, MBCC, 232

#### **Poster Presentations**

Saturday 10:00 am - Tuesday 4:00 pm, MBCC, Exhibit Hall AD

Dissonant Outcomes: Complications of Injection Laryngoplasty Performed in Clinic Versus Operating Room; Authors: Samuel Shing, BS, Jeferson DeKloe, BS, Dylan Bertoni, MD, Kathleen Tibbetts, MD

Using Machine Learning Modules to Predict Outcomes for Patients With Laryngotracheal Stenosis, Authors: Dylan Berteni, MD, Sana Siddiqui, MD, Kathleen Tibbetts, MD, Joseph Spiegel, MD

Comparative Analysis of Drug-Induced Sleep Endoscopy-PAP and Therapeutic CPAP in the Treatment of Obstructive Sleep Apnea, Authors: Elliott Sina, MD, Nicole Moline, MD, Praneet Kaki, BS, Maurits Boon MD, Colin Huntley, MD

Endoscopic Transsphenoidal Pituitary Resection Is Safe in Older Patients: An International Database Study, Authors: Shreya Mandloi, BD, Praneet Kaki, BS, Amanda Bingaman, MS, David Bray, MD MSc, Peter Benedict, MD, Samuel Shing, BS, Zachary Urdang, MD PhD, Marc Rosen MD, Elina Toskala MD PhD MBA, Christopher Farrell, MD, Mindy Rabinowitz, MD, Gurston Nyquist, MD, James Evans, MD

Hemostatic Net Versus Suction Drain Placement Following Rhytidectomy: Early Experience, Authors: Angela Alnemri MD, Aarti Agarwal MD, Neha Garg BS, Kelly Bridgham MD, Praneet Kaki BS, Adam McCann MD, Howard Krein MD PhD, Ryan Heffelfinger MD

Socioeconomic Disadvantage Impacts Stage at Presentation for Head and Neck Squamous Cell Carcinoma, Authors: Kelly Bridgham, MD, Annie Moroco, MD, Bryce Hambach, MD, Angela Alnemri, MD, Meghan Crippen, MD, Arielle Thal, MD

Diuretic Medications as a Risk Modifier for Benign Paroxysmal Positional Vertigo: A Population-Based Analysis, Authors: Marwin Li, BS, Rebecca Chiffer, MD, Hongyan Li, MD PhD

Improved Efficiency of Drug-Induced Sleep Endoscopy in the Endoscopy Suite Compared to Outpatient Surgery Center, Authors: Andrew Corr MD, Elliott Sina BA, Leonard Estephan MD, Maurits Boon MD, Colin Huntley

Providers Call for Standardized Tracheostomy Teaching Program, Authors: Andrew Corr MD, Sruti Tekumalla BA, Ellen Smith MSN, RN-BC, PCCN-K, Lindsay Gibson MSN, ACNPC-AG, Richard Goldman MD

Management of Incidentally Diagnosed Regionally Metastatic Thyroid Cancer in Patients With Other Primary Head and Neck Cancer, Authors: Natalie Snyder BS, Jay Trivedi BS, Aarti Agarwal MD, Elizabeth Cottrill

Impact of Intravenous Drug Use on Neck Abscess Outcomes: Readmission Rates and Implications for Otolaryngologists, Authors: Elliott Sina, BA, Bryce Hambach, BS, Eric Mastrolonardo MD, Sruti Tekumalla BA, Meghan Crippen MD, Richard Goldman MD

Necrotizing Soft Tissue Infections of the Head and Neck: A Large Series Institutional Experience, Authors: Pablo Llerena BS, Samuel Shing BS, Praneet Kaki BS, Elliot Sina BS, Meghan Crippen MD, Richard Goldman MD

Missed Adjuvant Therapy After Resection of Intermediate and High-Risk Oral Cavity Cancer: A Multi-Institutional Study, Authors: Carson K. Gates BS, Megan Gillepsie MD, Sruti Tekumalla BA, Ramez Phillips MD, Anne Kane MD, Joseph Curry MD, Trace Palmer MD, Patrick Tassone MD

Systematic Review and Appraisal of Clinical Practice Guidelines on Intraoperative Nerve Monitoring in Thyroid/Parathyroid Surgery, Authors: Samuel Shing BS, Jefferson Dekloe BS, Kathryn Nunes BA, Jennifer Goldfard MHS, Najm Khan MBS, Emma De Ravin MD, Adam Luginbuhl MD

Hearing Loss After Otitis Media in the Immunocompromised Pediatric Population, Authors: Jefferson Dekloe BS, Jena Patel MD, Marwin Li BS, Pablo Llerena BS, Natalie Snyder BS, Jacob Hunter MD

A Comparison of Mean Disease Alleviation in Obstructive Sleep Apnea: Transoral Robotic Surgery Versus Upper Airway Stimulation, Authors: Shreya Mandloi BS, Jefferson DeKloe BS, Praneet Kaki BS, Riya Shah BS, Leonard Estephan MD, Bita Naimi MD, Maurits Boon MD, Colin Huntley MD

Artificial Intelligence for Outcome Prediction and Evaluation in Facial Plastic Surgery: A Systematic Review, Authors: Neha Garg BA, Meryem Guler BS, Eric Fei BA, Adam McCann MD, Uche Nwagu MD, Vivian Xu MD, Howard Krein MD PhD, Ryan Heffelfinger MD

A Comparison of Mean Disease Alleviation in Obstructive Sleep Apnea: Transoral Robotic Surgery Versus Upper Airway Stimulation, Authors: Shreya Mandloi BS, Jefferson DeKloe BS, Praneet Kaki BS, Riya Shah BS, Leonard Estephan MD, Bita Naimi MD, Maurits Boon MD, Colin Huntley MD

### Jefferson Health and Lehigh Valley Health Network Combine

It was announced by Jefferson Health's CEO, Joseph Cacchione, MD, that effective August 1, 2024, Jefferson Health and Lehigh Valley Health Network (LVHN) are officially one health system. This combination creates a leading integrated academic health care delivery system, alongside a national doctoral research university and an expanded not-for-profit health plan. With 32 hospital campuses and more than 700 sites of care, the combination will increase patient access to high-quality and affordable care, clinical trials and health plan offerings while addressing health inequities for urban and rural communities in eastern Pennsylvania and South Jersey.

This merger means that we welcome many talented Otolaryngologists, APPs, Audiologists, Nurses, Medical Assistants and staff into our Jefferson Oto Family. At LVHN, their areas of focus include General Otolaryngology, Otology, Facial Plastic and Reconstructive Surgery, Head and Neck Surgery, Audiology, Pediatric ENT, Allergy and Immunology,



Rhinology, Head and Neck Cancer, Sleep, and more! Collaboration, Education, and Innovation are cornerstones of our mission and our partnership with Lehigh Valley will enable us to deliver the highest quality patient care throughout the entire eastern side of Pennsylvania!

- To access the LVHN directory, go to https://tinyurl.com/LVHNDirectory!
- For details on Lehigh Valley ENT locations, providers, and contact numbers, please visit\_ https://tinyurl.com/LVENTProviders.
- For details on Audiology services offered by LVHN, please visit <a href="https://tinyurl.com/LVHNAudiology">https://tinyurl.com/LVHNAudiology</a>.

### Oto in the News

### 2024 Marks Historical Anniversaries

### Jefferson Bicentennial

For over 200 years, Jefferson has been a trailblazer in medical education, beginning with just \$550 and an ambitious vision that would reshape medical training worldwide. From groundbreaking medical achievements and numerous firsts to impactful mergers, Jefferson Medical College—now known as Sidney Kimmel Medical College at Thomas Jefferson University—continues to build on its rich legacy, courageously advancing the future of medicine and education.

### Otolaryngology Milestones

This year also marks milestone anniversaries for Otolaryngology.

120th

The Department of Otology and Department of Laryngology were both founded in 1904, therefore 2024 marks the 120th anniversary.

1904-2024

100<sup>th</sup>

This year we mark the 100th anniversary of the Department of Bronchoesophagology.

1924-2024

Read more about Jefferson's 200 Year history here:

https://Jefferson200.org

Read more about the history of Jefferson's Department of Otolaryngology here: https://tinyurl.com/

**OtoMilestones** 

 $70^{th}$ 

Seventy years ago, in 1954, the Department of Otolaryngology was formed by fusing the Departments of Laryngology (1904), Otology (1904) and Bronchoesophagology (1924).

1954-2024

### Spotlight On Research

The article *If Your Dinner Makes You Sneeze, You Could Have Gustatory Rhinitis* on HealthCentral features insights from **Elina Toskala, MD, PhD, MBA**. Read the full article here <a href="https://tinyurl.com/GustatoryRhinitis">https://tinyurl.com/GustatoryRhinitis</a>



### **Update on Department Grant Awards and How You Can Help**

The Department of Otolaryngology – Head and Neck Surgery at Jefferson Health has created three unique funds that are driven by philanthropy from our closest friends and colleagues. We hope that you will consider supporting the following opportunities. Each year, the funds are used to award grants in support of the exciting work being done within the department in line with the core values of our mission statement. If you are looking for an opportunity to express gratitude as a patient, previous resident/fellow or friend of the department, we invite you to join us in this effort. Go to <a href="https://tinyurl.com/OtoPatientCare">https://tinyurl.com/OtoPatientCare</a>

More than \$76,000 is pledged to support the work outlined in these five projects by the department's Collaboration, Education and Innovation Funds. Please contact **Christina Bender in the Office of Institutional Advancement at Christina.Bender@Jefferson.edu** or **267.432.2841** to learn more about supporting these important areas of impact within the Department of Otolaryngology – Head and Neck Surgery.





THE COLLABORATION FUND has been created to support research and programs that foster collaboration across our department, institution, and beyond. This past year's recipients of the Departmental Collaboration Grant involved Telehealth in Head and Neck Cancer: Assessment of Patient Perceptions and Development of a Shared Decision-Making Tool by Christopher Fundakowski, MD and Building a Head and Neck Surgical Collaborative in Zambia by Aarti Agarwal, MD.



THE EDUCATION FUND promotes the departmental values of professionalism, mentorship, and continual learning, and supports initiatives that expand our educational model and/or advance professional development. The past year's recipient of the Departmental Education Grant was Surgical Simulation Education by Richard Goldman, MD.





THE INNOVATION FUND supports our young doctors converging technology and patient care. Last year's recipients of the Departmental Innovation Grant were Facial Nerve Regeneration by Dev Amin, MD and Hyperoxic Treatment in Head and Neck Radiation-Induced Fibrosis by Eric Mastrolonardo, MD.

### 2024/2025 DEPARTMENTAL GRANT AWARDEES



**Dylan Bertoni, MD**Changes in Inflammatory Biomarkers
Following Hypoglossal Nerve
Stimulation in OSA



**Kelly Bridgham, MD** *Tumor Cell Viability in Bone Dust* 



Arielle Thal, MD

Pulsed Electric Field Treatment in

Head and Neck Cancer



Kathleen Tibbetts, MD Indole-3-Carbinol Supplementation in Patients with Idiopathic Subglottic Stenosis



Jacob Hunter, MD

Diffusion Tract Imaging of the

Cochlear Nerve and Ascending

Auditory Pathway with Vestibular

Schwannoma

### Join Us in Transforming Lives

You can help to support Jefferson Otolaryngology – Head & Neck Surgery's mission to provide the highest quality patient care by driving advancement and equity through collaboration, education and innovation.

We have created three funds – Collaboration Fund, Education Fund, and Innovation Fund – that align with our mission and are excellent ways for our alumni and supporters to give back.

Join us in our journey to make a meaningful difference.

Together, let's drive advancement, foster collaboration, promote education, and ignite innovation.



Scan to support or visit https://tinyurl.com/
OtoPatientCare to learn more and contribute to our mission.



### Achievements and Congratulations

### Moving on Up - #20!

For over 30 years, U.S. News & World Report has recognized Jefferson for delivering top-ranked care — and this year is no exception. Recently Dr. Baligh R. Yehia announced that Jefferson Health hospitals continue to be recognized among the nation's "Best Hospitals" in the latest specialty rankings and ratings for hospital performance.

The Department of Otolaryngology – Head & Neck Surgery is now ranked 20th, up from #27 in the 2023-2024 ranking! We want to extend our gratitude to every member of our department for your dedication, hard work, and commitment to excellence. This achievement is a direct result of your unwavering passion and relentless pursuit of quality care.

Our department's dedication goes beyond clinical expertise. We are proud to have such a talented and dedicated team driving our success and improving patient outcomes every day. Congratulations to all, and let's keep climbing up the ranks!







Congratulations to **Brittany Robb** and **Michelle Serrano** on their promotions to Practice Manager and on celebrating their 5-year anniversaries with our department! This well-deserved recognition highlights both Brittany's and Michelle's dedication, hard work, and exceptional contributions to our team. Their commitment to excellence and positive impact on our practice have absolutely stood out. We are excited to celebrate their achievements and support them as they take on their new roles.



Dr. Toskala presenting at the European Academy of Allergy and Clinical Immunology conference, Europe's foremost authority on all aspects of allergy research and clinical practice.

### Congratulations are in Order!

We are pleased to announce that **Elina Toskala**, **MD**, **PhD**, **MBA** has been appointed as the Chair-Elect for the Allergy & Immunology in Rhinology (AIR) Section of the American Rhinologic Society for the 2025-2026 term. In her role as Chair-Elect, Dr. Toskala will assume all Chair responsibilities in the Chair's absence. Additionally, she will act as a liaison to the ARS President-Elect, assisting with the planning of the Annual Fall Meeting and the Spring Meeting. She will also collaborate with the Program Chairs of the Summer Sinus Symposium to ensure the inclusion of allergy and immunology topics and address any issues related to the AIR section.

### **Empowering Excellence**

We are thrilled to share that several members of our clinical team have been appointed to important committee positions within the Jefferson System Nursing Professional Governance for Ambulatory Care. This reflects the strong presence and leadership from our department, and we could not be more excited to see what we will accomplish together!

Here are the committee appointments:

- Megan Schmidt and Katelyn Ludascher: Members of the Ambulatory Professional Practice Committee
- Haley Burgess: Co-Chair of the Ambulatory Well-being Council
- Carrie Jamison: Chair of the Ambulatory Nurse Leadership Council



Joseph Curry, MD has been appointed as the Research Chair for the Cutaneous Cancer Section leadership group at Montefiore Medical Center. We are incredibly proud of his accomplishment and look forward to his continued contributions in this vital role! Keep up the great work.

## Update from Jefferson Otolaryngology's Diversity & Inclusion Committee

We are pleased to announce the following awards from our Underrepresented Minorities in Otolaryngology Fund.

Each year, we make awards to both a visiting / rotating medical student and a research fellow to help defray the cost of their time away from their home institutions. This year's recipients are:

**Kelsey Limage**, who currently attends Howard University College of

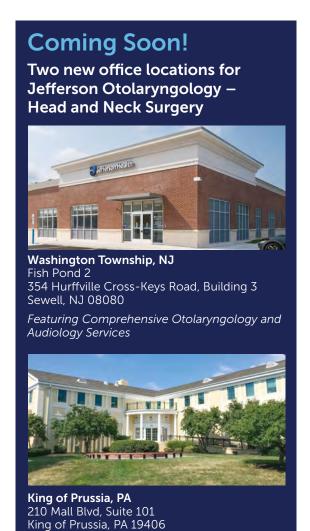
Medicine, has joined us for a one-year research fellowship beginning on September 3, 2024. Kelsey is the recipient of the Research Fellow URM Scholarship.

Ryland Spence, who currently attends medical school at Brown University, was with us for his Sub-I rotation from August 5– August 30, 2024. He is the recipient of the visiting student URM scholarship.

We are very pleased to be able to support Kelsey and Ryland in their journeys and we look forward to witnessing the positive impact they will make in our community and beyond!



UNIVE



Featuring Advanced Head and Neck Surgery

### Otolaryngology Events: Looking Back



## CI2024 Vancouver: 17th International Conference on Cochlear Implants and Other Implantable Technologies

In July 2024, **Jacob Hunter, MD** and **Rebecca Chiffer, MD** attended the Cl2024 in Vancouver, along with audiologists **Lauren Lucas, AuD, Karla Belcastro, AuD, Carley Cuzzacrea, AuD and Sarah Lively, AuD.** The conference assembled a multi-specialty group of clinicians and scientists to explore the 2024 Program Theme *Cochlear Implantation: Facilitating the Patient Journey*. Dr. Hunter served as the co-chair of this international conference which was designed to foster

the exchange of multi-disciplinary scientific information applicable to audiologists, physicians, speech pathologists, psychologists, scientists, engineers, educators, students, advocates, and others involved in cochlear and other implantation technology globally.

### 15th Annual ORL Bootcamp

Our PGY-2 class (Leonard Estephan, MD, Emma De Ravin, MD, Ezra Pak-Harvey, MD, Reilly Scott, MD and Bryan Renslo, MD) had an amazing educational experience at the 15th Annual ORL Bootcamp which was held on July 27 and 28, 2024 in Baltimore, MD.





### **Exploring the Future of Hearing Technology**

**Amy McGrath, AuD** and **Rebecca Chiffer, MD** had the opportunity to attend the launch of Oticon Medical's newly FDA-approved transcutaneous bone conduction hearing aid, Sentio, in Las Vegas on August 18 and 19, 2024.

The event included in-depth presentations on the advanced features of Sentio, highlighting its innovative design for improving sound quality and patient comfort. They also had the chance to network with industry professionals and explore how this new technology can enhance treatment options for individuals with hearing loss.

### **Exciting Moments at the Cleveland Clinic**

On August 23, 2024, **Howard Krein, MD, PhD** had the honor of speaking on a panel discussing complex nasal reconstructions, showcasing the expertise for which Jefferson Facial Plastics is known. Pictured with Dr. Krein (2nd from right) is our current facial plastic and reconstructive surgery fellow, **Khashayar Arianpour, MD** (F'25) (far left), Stephen Hadford, MD (a fellow at Cleveland Clinic) and our former fellow, **Peter Ciolek, MD** (F'23) (far right). It is inspiring to see our team's continued dedication to advancing the field of facial plastic surgery.



### Faculty & Alumni Golf Outing

On September 9, 2024, we hosted our annual Faculty & Alumni Golf Outing at the Union League Liberty Hill in Lafayette Hill. This year, faculty members, chief residents, clinical fellows, and alumni came together for a day filled with camaraderie, competition, and celebration.

The day was spent with spirited play on the scenic course. After the round, everyone gathered for a relaxing post-game reception, sharing stories from the day and fond memories from the past.

Special thanks to **Karen Keane** and **Joanne Gauthier** for their incredible work in organizing this successful event. Their attention to detail and dedication made the outing memorable for all involved. We're already looking forward to next year's event, where we hope to see even more of our community come together to enjoy this wonderful tradition! This year's winners: **Gary Phillips, Marc Rosen, MD** and **David Cognetti, MD!** 



Front Row, L to R: Drs. Annie Moroco, Jena Patel, Colin Huntley, Ryan Heffelfinger, Dan Charous, Scott Goldstein and Greg Epps

Back Row, L to R: Drs. Adam Luginbuhl, Dylan Bertoni, Dev Amin, Sri Daggumati, Stephen White, Hank Ideker, Chase Kahn, Greg Smith, Bill Parkes, Kyle Fisher, Marc Rosen, Joseph Spiegel, Gary Phillips, David Rosen, Jeffrey Zimmerman, Bryan Ambro, David Cognetti and Joseph Curry

Not Pictured: Dr. Harleen Sethi

### **Dr. Kennedy Visits Houston**

**David Kennedy, MD** visited Houston, Texas on August 28, 2024 along with the Faculty and Residents from Methodist Hospital. During his trip, he delivered two lectures — one on the pathogenesis and management of nasal polyposis, and another on the advancement of endoscopic sinus surgery. His remarkable work in the field continues to make a significant impact and we encourage him to keep up the excellent work.





### International Fall CI Conference

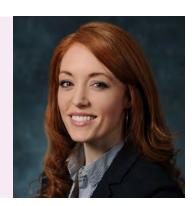
Sarah Lively, AuD, Sarah Adams, MS, CCC-SLP and Jacob Hunter, MD represented Jefferson at the 2024 International Fall Cochlear Implant Conference in Asheville, North Carolina, on September 9 and 10, 2024.

Sarah Lively and Sarah Adams presented "Auditory Awakening: Creating a Comprehensive Aural Rehab Pathway for Adult CI Recipients," while Dr. Hunter participated in the panel "Patient-Centered Care: What Does It Actually Mean?" and delivered a presentation titled "Update in Cochlear Implantation Inequities."

Jefferson is one of the few centers in the country that provides comprehensive aural rehabilitation to all cochlear implant recipients, ensuring patients receive the full spectrum of care needed for optimal hearing outcomes. Keep up the great work, team!

### **Update on Focused Practice Designation**

On September 10, 2024, **Elizabeth Cottrill, MD** delivered an insightful presentation focused on the evolving landscape of board certification for surgeons specializing in complex thyroid and parathyroid procedures. The session provided a comprehensive overview of the Fellowship in Pediatric Surgery program, detailing its background, eligibility criteria, application process, and exam blueprint. Surgeons from the American Association of Endocrine Surgeons and the American Head & Neck Society actively participated, reflecting the importance of this program in advancing surgical expertise.



### **Resident Airway Bootcamp**

On August 21, 2024 our residents and students took part in the annual Airway Course Bootcamp. This year's event, organized by **Dylan Bertoni, MD, Jena Patel, MD** and **Vivian Xu, MD** with guidance from faculty member **Richard Goldman, MD**, offered valuable hands-on experience in managing various airway scenarios and common call situations.







### Conquering the Vocal Arts: A Cadaveric Laryngeal Injection & Dissection Workshop

On September 11, 2024, the Laryngology Team, with assistance from the PGY5s **Dylan Bertoni**, **MD** and **Jena Patel**, **MD**, presented another successful Cadaveric Laryngeal Injection and Dissection course. Residents and students, led by **Joseph Spiegel**, **MD**, **Kathleen Tibbetts**, **MD**, and **Colin Huntley**, **MD**, performed a wide variety of in-office and OR-based injections. Residents and students then had the opportunity to perform educational laryngeal dissections and performed operative procedures such as laryngoplasty and arytenoid adductions. It was a phenomenal opportunity for hand-on training and expert-level didactics.





### **Quick Fire Airway Training**

On Wednesday, September 11, 2024, Jefferson Hospital's 9 northeast nursing unit, 9 NE nursing leadership, **Troy DeRose, CRNP, Dev Amin, MD** and **Annie Moroco, MD** conducted a "quick fire" simulation airway lab for inpatient nursing education and care. Nurses were rotated in groups and given a mock potential airway crisis.

With the help of our newly created education working group, nurses had the opportunity to hone their reaction time and practice their nursing skills to emergency airway situations. This training was very well received by the inpatient nursing staff!





### **ASCENT Conference Representation**

Department members **Brittany Buzzetto**, **Julia Croce**, **AuD**, **Danielle DeMaio-DeAngelis** and **Joanne Gauthier** attended the ASCENT Annual Educational Conference titled "Setting Sail for Success" held from September 18 to 20, 2024 in Norfolk, VA. This conference, hosted by the Administrator Support Community for ENT (ASCENT), brought together professionals from various roles within otolaryngology practices. The event offered valuable networking opportunities and educational sessions tailored to enhance the skills and knowledge of attendees in the field. Joanne and Danielle serve on the Leadership Council of ASCENT while Dr. Croce presented a session at the conference on the use of audiology technicians in practice.



### **International Webinar Participant**

**Joseph Curry, MD** participated as a panelist in the webinar on September 17, 2024, titled *Surgical Techniques for Enhancing Voice and Swallowing Outcomes in Total Laryngectomy.* 

This webinar featured an international panel of experts discussing the impact of various surgical techniques on tracheoesophageal voice and swallowing following total laryngectomy. The panel was moderated by Dr. Claudio Parrilla from Gemelli Hospital in Rome. Other panelists included Dr. Francesc Xavier Avilés Jurado from the Hospital Clínic



de Barcelona, as well as Speech–Language Pathologists Rina Abrams from John Hopkins University and Molly Smeltzer from Cleveland Clinic. The panel explored strategies for optimizing stoma creation and improving voice quality while addressing issues such as stoma stenosis, hypertonicity and dysphagia.



David Cognetti, MD traveled to Japan in September to attend the 2nd Joint Meeting of the Tri-Head and Neck Society featuring the Head and Neck Societies of Japan, Korea, and Taiwan. Dr. Cognetti's participation highlights his continued commitment to advancing surgical knowledge and fostering global collaboration in cutting-edge techniques and treatments for head and neck conditions. His involvement further strengthens our department's ties to the international medical community!



### Cancer Screening in Center City

On September 18, 2024, many members of our department were on hand for the Cancer Screening Day at Center City. Special shout-out to Arielle Thal, MD for achieving multiple firsts and who absolutely crushed it in her screenings! With 140 patients seen, the event was a tremendous success. Thank you to everyone who participated and helped make this day possible!



L to R: Drs. Joseph Curry, Christopher Fundakowski, Arielle Thal, Elizabeth Cottrill, Ravindra Uppaluri, William Keane, Adam Luginbuhl and David Cognetti

### Annual William M. Keane Lecture

The Annual William M. Keane, MD Lecture in Head & Neck Surgery was held on Wednesday, September 25, 2024. This year's invited keynote speaker was **Ravindra Uppaluri, MD, PhD, FACS**, Associate Professor, Otolaryngology - Head & Neck Surgery, Harvard Medical School and Chief, Division of Otolaryngology - Head & Neck Surgery, Dana - Farber / Brigham and Women's Cancer Center, Boston, MA. Dr. Uppaluri's topic, "Navigating Pathways in Head & Neck Cancer: Novel Treatments and Career Trajectories," was interesting and thought provoking for all in attendance.

### Giving Back

### Mission Trip to Zambia – Continuing to Provide a CHANCE

From August 25 through September 1, 2024, a dedicated Jefferson team, which included David Cognetti, MD, Arielle Thal, MD, Rebecca Chiffer, MD, Dev Amin, MD, Sarah Lively, AuD, Karla Belcastro, AuD, Brodie Good, RN as well as Angela Snow, MD and Ruth Lambert, CRNA from Nemours, travelled to Zambia to participate in a surgical mission trip



to Levy Mwanawasa
University Teaching
Hospital and the
Beit-CURE Children's
Hospital of Zambia.
This remarkable team
worked tirelessly
throughout the week
to continue the

mission of Project CHANCE (Complex Head and Neck Care and Education) that was started within our department and is supported by generous donors including many of you.

Zambia is a beautiful country with humble and extraordinarily friendly people who demonstrate great care and support of each other.



But it was also clear that hospitals there face severe shortages of basic resources, from surgical instruments to blood products and anesthetic drugs, which limit the number and complexity of surgeries. Disposables are rare, with items reused multiple times, while makeshift solutions—like using latex gloves as tourniquets and bouffant caps as shoe covers—show the team's ingenuity and commitment. Patients, under-resourced themselves, demonstrate resilience and responsibility, bringing lab reports for surgery and carrying specimens to pathologists themselves.

Reflecting on the mission's impact reveals profound results. Patients with life-altering conditions—such as tracheal stenosis, tracheoesophageal fistulae, and hearing loss—

received surgeries and hearing aids, improving their quality of life. For the team, the mission deepened perspectives on global healthcare disparities. However, the most enduring impact of Project CHANCE is in fostering sustainable growth in the local medical community. Guided by Dr. Luginbuhl's

reminder. "Teach a Man to Fish, and You Feed Him for a Lifetime," the team focused on skills-sharing with local ENT professionals, including four of Zambia's seven ENT specialists, its sole audiologist, and its first ENT residents. These professionals



exhibited a strong knowledge base, technical skill, and enthusiasm for collaboration and learning.

Through this partnership, Project CHANCE is building a legacy of collaboration, education, and innovation that will enhance otolaryngologic care in Zambia for years to come.



Otolaryngology — Head and Neck Surgery

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# WE ARE HIRING!

### **JOIN OUR TEAM**

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- Chief, Division of General Otolaryngology
- Sleep Surgeon
- General Advanced Practice Provider

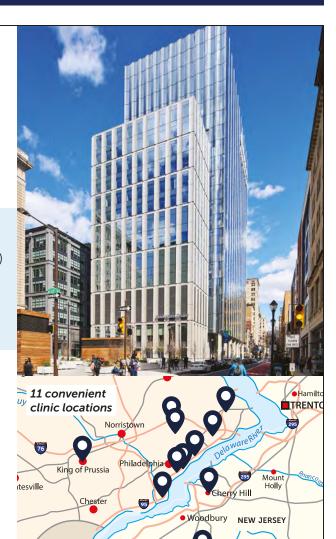
Jefferson Health provides world-class care close to home with **11 convenient clinic locations** throughout the Greater Philadelphia and South Jersey area.



### For more information, contact

Joanne Gauthier 215-955-5214 Joanne.Gauthier@jefferson.edu





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