

# Career Planning and Support

## Career Planning

There are a number of resources available to students as they seek counseling for career choices, for residency training, and clarification in the application process. The Office of Student Affairs and Career Counseling (OSACC) is available to provide guidance and advice to each student regarding his or her career selection. You are required to meet at least annually with your assigned dean of Student Affairs to discuss the career selection process. The Career Planning Workshops offered through the OSACC several times throughout the year, are interactive workshops designed to help students make informed career choices. Students are also encouraged to identify specialty-specific advisors.

The Office of Student Affairs and Career Counseling Blackboard site provides links to choosing a specialty, instructions on residency planning, timelines for third- and fourth-year students, contact information for Jefferson residency directors, as well as specific information regarding the Electronic Residency Application Service (ERAS) and the National Residency Matching Program (NRMP). Please use this site and the OSACC as valuable resources available to you for career planning.

## Student Support Services

### Office of Student Affairs and Career Counseling

The goal of the Office of Student Affairs and Career Counseling (OSACC) is to be available for academic and personal advising, advocate for student needs, foster career counseling, and improve student access to the university. The office is located in the College Building, 1025 Walnut Street, Suite 116 and is open from 8:00 a.m. to 5:00 p.m. The number for the OSACC is (215) 503-6988 during business hours. For emergencies after business hours, please page the on-call pager for Student Affairs at 877-656-4437. Information can be found on the Student Affairs and Career Counseling site [jefferson.edu/university/SKMC/student\\_affairs.html](http://jefferson.edu/university/SKMC/student_affairs.html).

### Academic Advising

The OSACC maintains a proactive stance regarding student academic performance. Drs. Pohl, DeSimone, Rosenthal, and Traves as well as course directors and the deans for Undergraduate Medical Education are available for students with academic concerns or difficulty.

### Personal Counseling

The Student Personal Counseling Center (SPCC) offers confidential and accessible contact with a mental health professional to discuss personal and academic concerns. The psychiatrists and therapists of the SPCC are available to discuss all types of issues including, but not exclusive to, stress management, problems with personal or family relationships, feelings of depression or anxiety, and issues involving eating disorders or substance abuse.

The Director of the Student Personal Counseling Center, Deanna Nobleza, MD of the Department of Psychiatry, may be reached directly and confidentially at 215-503-2817 to set up an appointment with her or another therapist or psychiatrist, on or off the Jefferson Campus. If there is an after-hours emergency, students should go to the Thomas Jefferson University Hospital Emergency Room (located in the Main Hospital Building at 10th and Sansom Streets, 215-955-6840) and ask to speak to the psychiatrist on call.

# Resources and Programs on Career Counseling

## Preclinical Years

	First Year	Second Year
Continuum	<ul style="list-style-type: none"> <li>• Deans, Student Affairs and Career Planning</li> <li>• Clinical Mentor Program</li> <li>• Specialty-Specific Meetings and Programs</li> <li>• Library Center for Teaching &amp; Learning</li> <li>• OSACC Career Planning Site</li> <li>• Curriculum Review</li> <li>• Dr. George McClellan Learning Societies</li> </ul>	<ul style="list-style-type: none"> <li>• Deans, Student Affairs and Career Planning</li> <li>• Clinical Mentor Program</li> <li>• Specialty-Specific Meetings and Programs</li> <li>• OSACC Career Planning Site</li> <li>• Dr. George McClellan Learning Societies</li> <li>• Library Center for Teaching &amp; Learning</li> </ul>
Orientation	<ul style="list-style-type: none"> <li>• Student Organizations and Activities</li> <li>• Professionalism and Doctoring</li> <li>• Shared Code of Professional Values</li> <li>• Introduction to Campus Resources</li> </ul>	<ul style="list-style-type: none"> <li>• Student Organizations and Activities</li> <li>• Professionalism and Doctoring</li> <li>• Curriculum review</li> </ul>
Fall/Winter	<ul style="list-style-type: none"> <li>• Annual Meeting with Student Affairs Deans</li> <li>• University Activities Fair</li> <li>• Career Decision Making Sessions</li> <li>• Clinical Mentor Program</li> </ul>	<ul style="list-style-type: none"> <li>• University Activities Fair</li> <li>• Careers in Medicine Personal Inventory</li> <li>• Career Decision Making Sessions</li> <li>• Career Day</li> <li>• Annual Meeting with Student Affairs Deans</li> </ul>
Spring	<ul style="list-style-type: none"> <li>• AOA Residency Workshop</li> <li>• Informal Meetings in Student Affairs</li> <li>• Careers in Medicine Personal Inventory</li> <li>• Career Decision-Making Sessions</li> </ul>	<ul style="list-style-type: none"> <li>• AOA Residency Workshop</li> <li>• Informal Meetings in Student Affairs</li> <li>• Careers in Medicine Personal Inventory</li> <li>• Career Decision-Making Sessions</li> </ul>
Summer	<ul style="list-style-type: none"> <li>• Research Opportunities</li> <li>• Community Service Opportunities</li> </ul>	

## Clinical Years

	Third Year	Fourth Year
Continuum	<ul style="list-style-type: none"> <li>• Deans, Student Affairs and Career Counseling</li> <li>• OSACC Career Planning Site</li> <li>• SKMC Faculty (Clinical &amp; Research)</li> <li>• Clinical Mentor Program</li> <li>• Specialty-Specific Meetings and Programs</li> <li>• Library Center for Teaching and Learning</li> <li>• Small Group Career Planning</li> <li>• Dr. George McClellan Learning Societies</li> </ul>	<ul style="list-style-type: none"> <li>• Deans, Student Affairs and Career Counseling</li> <li>• Meet with Faculty and/or residency Directors in Fields of Interest</li> <li>• OSACC Career Planning Site</li> <li>• Specialty-Specific Meetings and Programs</li> <li>• Library Center for Teaching &amp; Learning</li> <li>• Clinical Mentor Program</li> <li>• Electives</li> <li>• Dr. George McClellan Learning Societies</li> </ul>
Orientation	<ul style="list-style-type: none"> <li>• Introduction of Career Planning Workshops</li> <li>• Clinical Tips for Third-Year Students</li> <li>• Shared Code of Professional Values</li> <li>• Professionalism and Doctoring</li> <li>• Career Planning Web Site</li> </ul>	<ul style="list-style-type: none"> <li>• Residency Planning Information</li> <li>• Residency Planning &amp; Application Procedure Web Site</li> <li>• Shared Code of Professional Values</li> <li>• Professionalism and Doctoring</li> </ul>
Fall	<ul style="list-style-type: none"> <li>• Career Planning Workshop</li> <li>• Third Year Meeting I</li> <li>• Career/Residency Selection Evening Sessions</li> </ul>	<ul style="list-style-type: none"> <li>• Informal Meetings in Student Affairs</li> <li>• University Activity Fair</li> <li>• Career Planning Workshop</li> <li>• Interview Skills Workshop</li> </ul>
Winter	<ul style="list-style-type: none"> <li>• Career Day</li> <li>• Third Year Meeting II</li> <li>• Residency Planning Meeting</li> <li>• Residency Planning Web Site</li> <li>• Annual Meeting with the Deans for Student Affairs</li> </ul>	<ul style="list-style-type: none"> <li>• Informal Meetings in Student Affairs</li> <li>• Session on Rank Order List</li> </ul>
Spring/Summer	<ul style="list-style-type: none"> <li>• Career Planning Workshop</li> <li>• Third Year Meeting III</li> <li>• AOA Residency Workshop</li> <li>• Meet with Faculty and/or Residency Directors in Fields of Interest.</li> <li>• Specialty-Specific Advisors</li> <li>• Fourth-Year Scheduling Meeting</li> <li>• Meeting with MSPE Letter Writer</li> </ul>	<ul style="list-style-type: none"> <li>• AOA Intern-on-Call Series</li> <li>• Gateway to Internship Course</li> </ul>

## Residency Match Timeline for the Class of 2020

January - March 2019	Meet with the Registrar's Office, Office of Student Affairs and Career Counseling (annual meeting), and faculty advisors regarding your fourth-year schedules. Online scheduling begins in March.
Late Winter-Spring 2019	Register for USMLE Step 2 CK and CS. Philadelphia is only 1 of 5 sites for the CS exam, so register and choose a date early.
Spring – Fall 2019	Begin to research the residency programs to which you may apply. Information about most programs, including direct links to program websites, is available at FREIDA online at <a href="https://freida.ama-assn.org/Freida/#/l">https://freida.ama-assn.org/Freida/#/l</a> . Be sure to look at specific requirements for each program to which you are applying (e.g., some programs require a letter from the chair of the department or from a third year clerkship).
April 2019	Receive assignment for your Medical Student Performance Evaluation (Dean's letters). Meet with the faculty writing your dean's letter by mid-June. Electronic Residency Application Service (ERAS) application materials are available for PDF download at <a href="http://aamc.org/eras">aamc.org/eras</a> . A list of the specialties which use ERAS is available on the ERAS site. My ERAS tokens are generated and emailed to your Jefferson.edu email account by the University Registrar. This token is necessary for you to register for ERAS. Your ERAS account will also be linked to your AAMC ID#.
July – August 2019	Information about the National Resident Match Program (NRMP) application is available at <a href="http://nrmp.org/">nrmp.org/</a> in July. Applicant User Guide will be posted before registration begins in September.
June, 2019	ERAS application for Match is available at <a href="http://aamc.org/eras">aamc.org/eras</a>
July 8, 2019	Mandatory fourth year orientation.
August 2019	Early match application deadline (Ophthalmology, Plastic Surgery, Child Neurology, Neurology). Information is available at <a href="http://sfmatch.org">sfmatch.org</a> .
September 14, 2019	Apply to ACGME-accredited residency programs. Provide the Office of the Registrar with a passport-sized photo to be scanned with your application. Avoid submitting a candid photo. Please refer to FREIDA online at <a href="http://ama-assn.org/ama/pub/category/2997.html">ama-assn.org/ama/pub/category/2997.html</a> to identify whether specific programs accept applications via ERAS.
September 14, 2019	Finalize ERAS application. You can check Banner to verify that your letters have been received and ERAS to verify that your letters have been scanned.
September 14, 2019	NRMP application is available at <a href="http://nrmp.org">nrmp.org</a> . This is to register for the MATCH (and is separate from the ERAS application).
September 2019	The NRMP Directory for the 2019 Match will be posted to <a href="http://nrmp.org/">nrmp.org/</a> and updated weekly thereafter.
September 30, 2019	Recommended deadline for Letters of Recommendation to be uploaded onto ERAS.
October 31, 2019	Deadline to take USMLE Step 2 CS. Programs may not rank a student without a passing Step 2 CS score. You should take this exam no later than this date to allow the scores to be available when programs construct their rank list.
October 2019 – January 2020	Interviews take place at participating institutions.
November 30, 2019	Registration deadline for NRMP (the Match). An additional late registration fee occurs between December 1, 2018 to January 31, 2017. Remember, the NRMP is separate from ERAS and you must register through the NRMP in order to participate in the Match.
December 31, 2019	Take USMLE Step 2 CK. Programs may not rank a student without a passing Step 2 CK score. You should take this exam no later than this date to allow the scores to be available when programs construct their rank list.
January 2020	Early Match Program notification
January 15 - February 20, 2020	Applicants and programs enter their rank order lists using the Rank Order List Input Confirmation System (ROLIC) at <a href="http://nrmp.org/">nrmp.org/</a> using NRMP code and password.
February 20, 2020	ROLIC closes at 8:59 p.m. Eastern Standard Time (EST). NRMP must receive certified applicant and rank order lists and any other information pertinent to the match by this date and time.
March 16, 2020	Matched and unmatched information on applicants will be posted at 12:00 noon EST at <a href="http://nrmp.org">nrmp.org</a> . Please visit the Office of Student Affairs and Career Counseling in the event that you did not match. Filled and unfilled results for individual programs are posted to the NRMP site at 11:30 a.m. EST. Locations of all unfilled positions are released at 12:00 noon eastern time only to participants eligible for the Supplemental Offer and Acceptance Program (SOAP). Supplemental Offer and Acceptance Program (SOAP) process.
March 20, 2020 Match Day!	Match day results are posted on the NRMP Web Site <a href="http://nrmp.org">nrmp.org</a> at 1:00 p.m. (EST). Note: Any contact between programs and unmatched applicants (or their designees) prior to 12:00 noon EST on Tuesday, March 15, 2019, is a violation of the Match Participation Agreement. Contact between programs and matched applicants prior to the general announcement of the Match results at 1:00 pm EST on Friday, March 18, 2019, also is a violation of the Match Participation Agreement.
March 17, 2020	Hospitals send letters of appointment to matched applicants. You must sign and return the letters of appointment.
TBA	Graduation!
June 2020	Residents start work.

Note: These dates are subject to change. Please periodically check this listing to confirm dates or call the Office of Student Affairs and Career Counseling at 215-503-6988.