

Couple and Family Therapy Program

On Demand Information Session



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Associate Professor



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PROGRAM DESCRIPTION

The Couple and Family Therapy Program is a full-time, two year, 66 credit program that culminates in the awarding of a Master in Family Therapy degree (MFT). The curriculum is modeled on the core curriculum developed by the Committee on Education of the American Association of Marital and Family Therapy focusing on key areas of contemporary practice including:

- couple and marital intervention
- family development
- family therapy with children
- families in transition (divorce and remarriage)
- family violence
- medical family therapy
- diversity issues
- sex therapy
- research in couple and family therapy.

The program offers two tracks which students declare at the end of their first year.

- the couple and family therapy track
- the sex therapy track

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The Program is a unique collaboration between Thomas Jefferson University and Council for Relationships (CFR).

Placements are available at a variety of clinical settings, including several CFR locations in the Philadelphia region. Students choose from a wide spectrum of options for their clinical training, such as:

- Outpatient Mental Health Clinics
- Community Agencies
- Homeless Shelters
- Schools

JOB TITLE

Marriage and Family Therapist

OUTLOOK

According to the Bureau of Labor Statics, U.S. Department of Labor, *Occupational Outlook Handbook, 2020-22 Edition*, employment of mental health counselors is expected to grow by 22% from 2018 to 2028.

SALARIES

MAX \$50,000
↑
MEDIAN
↓
START \$33,000

- American Association for Marriage and Family Therapy
- American Academy of Family Therapy
- The Association of Marriage and Family Therapy Regulatory Boards (AMFTRB)
 - <https://amftrb.org/>



Kevin Ruiz

RIVERSIDE, CA
CLASS OF 2021

Being a Jefferson student and working with a supportive cohort and faculty comprised of great thinkers and innovators has helped shape me as a clinician and a scholar. Having the honor to be a class representative and the privilege to be exposed to the great ideas and reflections from my colleagues and faculty has helped me think more critically about behavior and the challenges my clients face.

“An unexamined life is not worth living.”-Socrates

Pursue what most makes you passionate and what most makes you introspective.

Liz Nolan, MFT

MARRIAGE & FAMILY THERAPIST, WEST CHESTER THERAPY GROUP
MYSTIC, CT (hometown)
PHILADELPHIA, PA (current)
CLASS OF 2018



I chose Jefferson because of how quickly you're immersed in the clinical experience of seeing your own clients. The program's high expectations and support for students created a strong foundation for my clinical skills.

"The focus on family systems and relationships has given me an edge professionally, respect among colleagues, and is frequently acknowledged as a strength."

Don't put too much pressure on yourself to find your dream job right out of grad school. It will likely take a couple of tries to figure out what's the best fit for you - just make sure you have supportive colleagues and supervisors to encourage and stick with you along the way.



Ryan Lee

Parenting Coordinator Therapist, CHANCES
PHILADELPHIA, PA (hometown)
PHILADELPHIA, PA (current)
CLASS OF 2016

My experiences in Jefferson's Couple and Family Therapy Program gave me the opportunity to work with a diverse population, expand my worldview, and gain better understanding of the human condition. These experiences reaffirmed my dedication to helping others achieve their goals and to treat the person, not the symptoms.

"The only way your shadow overtakes you is by standing still. It's never too late to become the person you've always wanted to be."

The bonds formed with your peers during this time are life-changing. No one will understand what you are going through quite like them. Love and support one another on this beautiful and transformative journey!



Carol Blum, M.Ed., CAC, MFT, LPC

COUNSELING & BEHAVIORAL HEALTH DEPARTMENT

BA IN PSYCHOLOGY FROM UNIVERSITY OF MASSACHUSETTS, AMHERST

MEd IN COUNSELING PSYCHOLOGY FROM TEMPLE UNIVERSITY

MFT POST-GRADUATE CERTIFICATE IN COUPLE & FAMILY THERAPY FROM COUNCIL FOR RELATIONSHIPS, PHILADELPHIA, PA

Certified Addictions Counselor
Mindfulness Teacher and 20+ year mindfulness practitioner

Carol Blum, M.Ed., CAC, MFT, LPC

COUNSELING & BEHAVIORAL HEALTH DEPARTMENT

- Extensive clinical work with psychiatric and medical illness, addiction, bereavement, and trauma including 17 years, Jefferson Out-patient Psychiatry
- Extensive clinical work with individuals, couples, and families including 10 years, Council For Relationships
- 25+ years of work with an emphasis on evidence-based practices
- Extensive experience supervising professionals and graduate students in mental health and substance abuse
- Professor of Couple and Family Therapy for 6 years

“Evidence-based practices change and evolve. So, there is always something new to learn, whether that is mindfulness interventions, working with trauma recovery, or Internal Family Systems interventions.”

Jefferson students are driven toward academic and clinical excellence. Our small classes enable teachers to instruct through didactic presentations and discussions of patients who are currently in treatment. This leads to a dynamic teaching environment. Our weekly supervision meetings reinforce classroom learning and motivate students to understand the needs of specific families. This combination allows us to educate professionals in implementing evidence-based practices in a compassionate manner. Jefferson professionals are wise and compassionate, in equal measure.

GRADUATION RATE

98%

*rate based on the past 5 years

JOB PLACEMENT RATE

92%

*rate based on the past 5 years

LICENSE EXAM PASS RATE

100%

*rate based on the past 5 years

EMPLOYERS OF JEFFERSON GRADUATES

- [Child Guidance Resource Centers](#)
- [Council for Relationships](#)
- [Devereux Foundation](#)
- [JJPI](#)
- [Menergy](#)

Admissions Requirement Checklist

- ✓ Completed TJAPP Application
- ✓ All Official Transcripts
 - International coursework requires a course-by-course evaluation from an educational credential service
- ✓ 2 Letters of Recommendation
 - Either academic or professional
- ✓ Personal Statement/Essay
- ✓ Resume/CV
- ✓ English Language Proficiency/TOEFL, if applicable

Admissions Tips

- The Program looks for students
 - with some clinical experience in the mental health field
 - who are excellent written and verbal communicators
 - who are committed to social justice issues
 - who are highly self directed

Graduate Assistantships

- GA Program
 - Students work one-on-one with faculty member to support areas of scholarship
 - Students must qualify for federal work study and be a PA resident to be eligible
 - Please reach out to the Office of Admissions with any questions

Office of Admissions

Devin Phillips, Admissions Counselor

Email Address: dxs448@jefferson.edu

Financial Aid

jefferson.edu/tuition-and-financial-aid.html

Email Address: Financial.Aid@jefferson.edu



Jefferson

Thomas Jefferson University